



transaid



DublinExpress

RHA

**MELLOW
JERSEY**

CORKto DUBLIN

24-28 SEP 2025

Information pack

Contact Us:

anna@transaid.org



The Challenge

Transaid's 2025 cycle challenge will see us venture across the Irish sea to the Emerald Isle! We'll start our challenge in the historical city of Cork, located on the banks of the River Lee. Covering a total of 328km and 2900m over three days, we'll ride East towards the Republic of Ireland's Capital city, Dublin!

Passing through several counties, we'll weave between lush farmland, stunning coastal roads and have many glimpses of the formidable Wicklow Mountains as we edge towards our goal and finishing point at the famous Wellington Monument, just west of Dublin's bustling city centre.

Join us and other like-minded individuals from across the transport and logistics industry in fundraising to support Transaid's work in sub-Saharan Africa, providing safe and sustainable transport solutions where they are needed most!

As with all Transaid challenges, you'll be well supported with both cycle and vehicle support, great food and quality accommodation to ensure that all you need to think about is the ride.

Please take note that the **route is best suited to road bikes and gravel bikes.**



24th to 28th September



5 days



3 days



328km



2,900m



Registration fee: £149



Fundraising pledge: £1,750

[REGISTER HERE](#)



The route

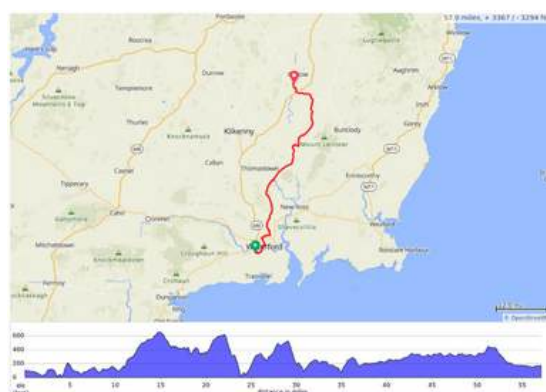
Cork to Waterford - 131km, 1120m/80miles, 3700ft

Our adventure heads east out of Cork via bike paths and quiet roads onto the seaside town of Youghal. We track inland into the country roads, with a challenging double peaked climb on our way to lunch in Dungarvan. The afternoon brings 40km of spectacular traffic free bike path, taking in stunning coastal views along the Copper Coast UNESCO Global Geopark and onto our overnight stay in Waterford.



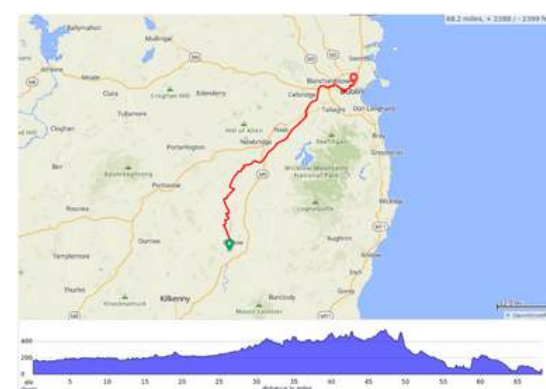
Waterford to Carlow - 93km, 1000m/58 miles, 3300ft

A day of hugging county lines as we cross between the counties of Wexford, Kilkenny and Carlow. Undulating terrain makes it a challenging day in the saddle, thankfully the views of the stunning Wicklow Mountains are from a distance and we don't get near those big, steep climbs!

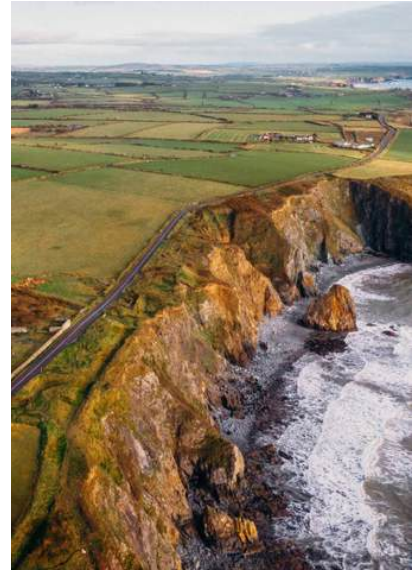


Carlow to Dublin - 105km, 600m/65 miles, 2000ft

Another day spent in the shadow of the mighty Wicklow Mountains as we nudge ourselves closer to our end point at the Wellington Monument in Dublin! A relatively flatter day today as we hone in on Dublin via the River Liffy plains. Countryside quickly gives way to urban sprawl and the bustle of the city seems to come out of nowhere! The vibrant sounds of Dublin will give you the lift of knowing you've made it!



N.B. The distances and elevation are approximate and subject to change following the route recce.



The package

Included

- 4 nights' accommodation (based on twin share)
- 4 breakfasts, 3 lunches, 4 dinners
- Refreshment stops on riding days
- Vehicle and ride support
- Luggage transfer
- Return bike transport to / from Ireland
- GPX files for route guidance
- Airport transfers within Ireland sponsored by Dublin Express

Not Included

- Drinks with lunch and dinner
- Travel to/from the airport in the UK or any other country
- Flight tickets
- Travel and bike insurance

Optional expenses:

- Solo occupancy room supplement: £295 per person (four nights).

We kindly ask that this supplement is paid directly to Mellow Jersey and not to Transaid (bank account information will be provided upon single room request).

- Bicycle rental - pricing to be confirmed.

Accommodation



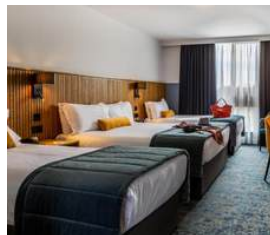
The Address
Cork



Viking Hotel
Waterford



Woodford Dolmen Hotel
Carlow



Skylon Hotel
Dublin

Bicycle transfer & carnet

Mellow Jersey is offering to transport bicycles to / from Ireland for all cyclists. If you wish to take up this offer, we will provide **three to five drop off / collection points** around the country and bikes will be collected at your chosen location on 22nd / 23rd September and dropped off at the same location on 28th / 29th September.

Suggested locations are: Edinburgh, Newcastle, Nottingham or Leeds, Stratford-upon-Avon (Mellow Jersey HQ), and London (Transaid HQ).

You will be required to provide details on your bike model and serial number to be included on an **ATA carnet** for border control purposes. This information will need to be provided to Transaid **no later than 6 weeks prior** to the challenge and once submitted it will **not be possible** to change the bike used on the challenge.

Airport transfers

You will need to make your own travel arrangements from your home to the airport in UK/EU and back, however we have organised complimentary coach transfer within Ireland, courtesy of Dublin Express.

The transfers will be provided as follows:

1. **Cork Airport to The Address Hotel, Cork on Wednesday 24th September**
2. **Skylon Hotel, Dublin to Dublin airport on Sunday 28th September**

The coach transfers will be scheduled for the following times - once you have booked flights, please provide us with details of which flights you have booked so we can pass this information onto the transfer company.

1. **Transfer at approx. 09:45 for flights arriving before 09:20** (coincides with Ryanair flight arrivals from Manchester and Edinburgh)
2. **Transfer at approx. 14:30 for flights arriving before 14:00** (coincides with Ryanair flights from London Gatwick and Luton)

If you would like to travel outside of these times and arrange your own transport, the hotel is a circa 20 minute taxi ride from the airport. We kindly request that you arrive at the Hotel in Cork **before the challenge briefing (18:30).**

Complimentary coach transfer from the hotel in Dublin to the airport will be available on Sunday 28th at the following times:

1. **Transfer at 07:45 for flights departing after 10:00**
2. **Transfer at 09:45 for flights departing after 12:00**
3. **Transfer at 11:45 for flight departing after 14:00**

Fundraising



Registration fee (non-refundable): **£149**



Minimum fundraising pledge: **£1,750**
(excluding reg fee and Gift Aid)



First fundraising deadline: **£1,050 (60% of pledge)** due by **Monday 4th August**



Second fundraising deadline: **£700 (40%)**
due by **Friday 3rd October**

Of the total fundraising target of £1,750, a total of £1,045 will cover your core costs on the challenge.

Your employer may be willing to sponsor your registration fee, the core costs or even the full fundraising pledge. If not, be sure to enquire about match funding as it will be very helpful in smashing your target.

Most participants find it much easier to meet their target than expected, however we will be providing fundraising support throughout and are always available for a chat if you need any ideas, tips or reassurance.





TERMS & CONDITIONS BETWEEN TRANSAID AND PARTICIPANTS

1. In return for a place on Transaid's Cork to Dublin cycle challenge, and as an indication of your serious fundraising intent, we require a non-refundable registration fee of £149 (payable on registration) and a commitment to raise at least £1,750 for Transaid.

2. **STAGE ONE PAYMENT:** £1,050 of this sponsorship must be paid to Transaid a minimum of 7 weeks prior to the departure date (04.08.2025). Failure to do so means that you must make up the balance yourself. If you have not raised the required amount by the stage one payment deadline then your place will be forfeited unless you advance the balance yourself. A personal advance can only be made in accordance with the conditions below:

A personal advance is made when a refund is intended. Refunding of the advance will only be made after the event's minimum sponsorship target has been reached (excluding the amount advanced and registration fee). The refund will not be made later than four weeks after the return date of the event. You will need to request a refund of your personal payment in writing (including email).

Please note the £1,750 target does not include your registration fee of £149 or any Gift Aid that your donations incur.

THE BALANCE OF YOUR TARGET (£700) is to be paid within one week of completion of the challenge (03.10.2025).

3. If you have registered as a team and a member of your team withdraws within 8 weeks from departure (i.e. on or after 30th July 2025), the minimum amount of sponsorship that must be raised by the remaining members will not be reduced.

4. **Booking transfer to another person:** You can transfer your existing booking to another person subject to agreement by our suppliers.* Notice must be received in writing from the person who made the booking at least 6 weeks before departure. (i.e. by 11th August 2025). The replacement traveler must satisfy and fulfil any conditions that apply to the challenge, and all costs of the original booking.

*If you are unable to travel, you may wish to check whether cover is provided for your cancellation within the terms of your travel insurance policy as this may incur less cost to you.

5. If you withdraw from the event on or after Wednesday 30th July (i.e. 8 weeks before departure), then you will still be liable to pay at least the amount due as stated in the registration pack, whatever the circumstances of your withdrawal. We would ask that you speak to your sponsors and ask if they are still comfortable making their donation, if not then this must be returned to them.

6. All funds raised in the name of Transaid must be paid as soon as is practical to Transaid.

7. You must be over 18 by the date of departure.

8. Your participation to the event is accepted on the understanding that you accept:

ENHANCED RISK: Cycling tours are active events; participants engage in the sport at their own risk. We cannot guarantee rider safety as rides use public roads, and the event can include groups of varying abilities. Participants are personally responsible for complying with all road traffic regulations and wearing a helmet is obligatory.

By participating in the event, participants must accept that they could get injured and that their equipment could get damaged. It is the participants' responsibility to ensure that they are sufficiently fit and healthy to complete the event.

By signing up to the event you accept that the Transaid and the Mellow Jersey teams have the authority to prevent participants from engaging in any part of the event should they have reasonable concerns about:

(a) their ability to safely partake in an activity or

(b) their physical ability to complete an activity in the required timescale.

On any ride it is necessary that participants abide by the authority of the leader/guide(s), who represent/s Mellow Jersey and whose decision is final.

Any information given by Mellow Jersey in regard to climate, clothing, special equipment, etc. is done so in good faith and must be rechecked by participants prior to relying on it.

9. MEDICAL NEEDS AND SPECIAL REQUIREMENTS: Mellow Jersey welcomes people with restricted mobility, medical or particular care requirements or a disability, and aims to ensure that their services are as accessible as reasonably possible to all. However, in order that they may consider the possibility of making reasonable adjustments, it is important that we are fully informed of any needs, requirements and conditions of participants prior to the event. These will be shared with the designated Challenge Doctor.

Mellow Jersey guides can only provide general first aid.

You should inform us immediately, if within 4 weeks prior to the commencement date or during the event, you have, or develop an infectious or contagious medical condition. If so, we have the right to: refuse to accept a participant; cancel the event; or ask any participant to leave immediately, should we, in our reasonable discretion, consider it necessary to protect the health of others.

10. INSURANCE DISCLAIMER: You understand and accept that taking part in an event organised by Mellow Jersey and Transaid is at your own risk.

You need to be sufficiently fit and not suffering with any illness that could be exacerbated by the types of activities undertaken on the event.

You are required to have sufficient travel insurance to cover all medical expenses, loss of earnings, cost of care, any loss or damage to baggage and equipment, any liability you may incur against a third party and cancellation/curtailment of the trip should they need it. Failure to arrange adequate insurance is at the participants' own risk. You will be required to submit your travel insurance details to Transaid one month before departure the latest.

You hereby agree that except in respect of death or personal injury caused by negligence of Mellow Jersey, neither Mellow Jersey nor its employees or agents will have any liability for any loss, damage, injury or death participants may suffer in connection with any event organised by Mellow Jersey.

This includes but is not limited to theft of bicycles, injury as a result of cycling, and in particular injuries sustained as a result of personal equipment which has not been adequately maintained or serviced or for failure by participants to wear a cycle helmet. In addition, Mellow Jersey shall not be liable for losses suffered related to any business of yours such as lost profits, lost data, loss of contracts, etc, or any other business loss that you may incur as a result of any breach of these terms and conditions. Except for those matters for which we do not seek to exclude our liability to you, our total liability to you is limited to £100,000.

11. If you wish your bike to be transported to / from Ireland by Mellow Jersey, you will be required to provide details on your bike model and serial number to be included on an ATA carnet for border control purposes.

This information will need to be provided upon request to Transaid in a timely fashion (no later than 6 weeks prior to the challenge) and once submitted it will not be possible to change the bike used on the challenge.

Please ensure your that bike is insured. Whilst due care will be taken when transporting your bike, neither Mellow Jersey or Transaid accepts any liability for damages resulting from the loss of or transit of your bike.

12. DATA PRIVACY: Any data collected during the course of this event will be stored securely on Transaid's and Mellow Jersey's computers. We will not share participants' details with any third party except as required by law or regulation.

13. PHOTOS: Photographs, likenesses or images of participants taken during the event may be used without remuneration in all media for bona fide promotional or marketing purposes. Consent will be obtained by Transaid as part of the event booking process for use of photos which they feature in or take on the tour.

14. LEGAL AND BINDING AGREEMENT: This Agreement is legal and binding upon registration to the challenge.

Please get in
touch if you have
any questions.

Contact Us



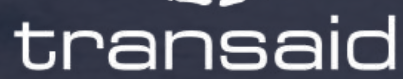
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