**Training of Trainers**

**TIMETABLE**

Day 1

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| **Time** | **Session** |
| 9.00-9.30 | Introduction |
| 9.30-10.15 | Different ways of starting courses, introductions etc.  Look at the importance of introductions to a successful training event and different techniques that might be used. |
| 10.15-10.30 | **Break** |
| 10.30-11.45 | How Adults Learn  Demonstrate learning from experience and relate it to the Experiential Learning Cycle.  Explain four principles of adult learning and the implications for designing and running a training event. |
| 11.45-12.45 | Training in the Uganda context  Look at specific issues or considerations relating to training within the *[Insert country/region here]*.  Explain ways in which trainers can minimise the negative effects of the context and maximise the positive effects of the context to enhance the learning experience.  Consider factors which trainers must consider when planning for training in this context. |
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| 12.45-13.45 | **Lunch** |
| 13.45-14.45 | Creating a learning environment  Create an environment in the training room(s) which encourages learning.  Use pictures, colour, music and objects to stimulate people’s senses. |
| 14.45-15.00 | **Break** |
| 15.00-16.00 | Energisers and Icebreakers  Understand the importance of energisers and icebreakers.  Consider when to use and different options. |
| 16.00-16.30 | Review of day  Understand the importance of daily reviews and different techniques. |

Day2

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| **Time** | **Session** |
| 9.00-9.30 | Recap |
| 9.30-9.45 | Energiser (delivered by a participant) |
| 9.45-12.30 (including break) | Training Techniques  Look at least 10 different training techniques.  Blend different techniques to encourage learning.  Training techniques practice  Try out at least one of the techniques from above. |
| 12.30-13.30 | **Lunch** |
| 13.30 -13.45 | Energiser (delivered by a participant) |
| 13.45- 14.45 | Managing Groups  Consider difficult behaviours participants might demonstrate and practice dealing with them. |
| 14.45-15.00 | **Break** |
| 15.00-16.15 | Facilitation skills  Consider and discuss effective facilitation and try out different facilitation techniques. |
| 16.15-16.45 | Review (delivered by a participant) |