**TRAINING OF TRAINERS**

**Session Title: 2.1 Training Techniques**

**Length of Session – 165 Mins (including 15 mins break)**

1. **Objectives**

**By the end of the session participants will be able to:**

List at least ten different training techniques and demonstrate one of them.

1. **Methodologies used**

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| **Mins** | **Activity/What to do** |
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| 520201575   | Explain that in this session, we will look at different methods and techniques that you can use in training and try some out.Ask for a volunteer to write on a flip chart (if no one volunteers, be prepared to do this yourself).Ask the group to call out any techniques that they have seen, used or heard of that could be used on a training course. There are many examples, but could include:* Role plays
* Case studies
* Simulations
* Practical demonstrations
* Practice
* Brain storming
* Group work
* Pair work
* Gallery walk
* Debate line
* Story telling
* Presentations
* Goldfish bowl
* Speed dating
* Pictures
* Quizzes
* Showing film clips

Ask if participants would like any to be explained in more detail and if so, talk through what the technique might involve and when it might be useful.Explain that participants are now going to have the opportunity to practice one of these techniques, preferably one that they have not tried before.Split them into pairs or threes (depending on size of group) but you need to have at least four groups.Ask each pair/group to choose one of the techniques and to circle which one on the flip chart – we want each pair/group to do a different technique. The quicker they decide, the more likely they are going to get their first choice.Once every pair/group has decided, tell them they now have 20 minutes to prepare a short training session on any topic that they wish, using the technique they have chosen. They can use any of the materials that are available in the room for their session. Their training session should be no longer than 15 minutes in duration. This may need to be reduced to ten minutes if there are more than four groups.Allow each group to work on their session planning, going around each group and checking they are ok, providing advice and info as needed.Provide a 15 minute refreshment break.Allow each group to run their 10-15 minute session.After each, discuss the method, the pros and cons of the exercise, when it could be used, what materials are needed etc.Wrap up the session with any key points.1. **Resources needed**

Various training materials such as flip charts, pens, post-its, scissors, blank paper, string etc.1. **Handouts**

In the workbook for the course**5.0 Resources needed**Pre-prepared flip charts with a *[insert country or location here]* Training photo stuck on each one flip chart pen for each flip chart. **6.0 Handouts**None |