

# Okwekuuma nga tuli balamu ku Luguudo

Obubaka bwekirwadde kya COVID-19 eri abagoba ba loole



## MANYA OBUBONERO BWAKYO

OKUKOLOLA  
OBA OKUNYZA

EMIMIRO  
EGISIIWA

OKUWULIRA  
OBUNAFU OBA  
OBUKOOWU

OKULUMWA  
OMUTWE

OMUSUJJA

OKUKALUBILIRWA  
MU KUSSA



! Bwotandika okwewuliramu ebimu kwe'byo ebimenyeddwa waggulu  
nga oli mulugendo lwo, kakasa ngo'tegeeza ku mukaamawo  
akutwala era funa obuyambi okuva eri owe'byobulamu akuli okumpi

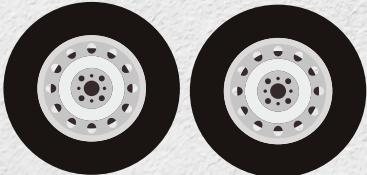
## YAMBALA BULUNGI MASKI

- Yambala mask yo bulibwobeera mabantu
- Maski yo eleekwa okubikka enyindo n'omumwa
- Maski yo bweba eddiringanwamu, jooze ate ogikaze bulungi buli lunaku
- omala kujjako maski yo okwogera eri abantu
- Kyusa maski yo bweba eddugade oba nge'nyukiridde



## WEGENDEREZE

WEEWE  
EBBANGA LYA  
MIITA 2 OKUVA  
KU MUNNO  
GYE MIPIIRA  
EBIRI EGYA  
LOOLE



KOLOLA OBA  
YASIMULA MU  
LUKOKOLA LWO



NAABA MU  
NGALO ZO NE  
SSABBUUNI  
BULI KASEERA



BEERA NE  
SANITAYIZA  
BULI  
KASEERA ERA  
OMUKOZENE



# LONGOOSA EKIDDUKA KYO

Goberera olukalala luno muntandikwa neku nkomalero  
yolugendo Iwo. Jukira okunaaba mu ngalo zo bwomaliliza.

- Ebikwatibwako ng'owalampa emmotoka
- Sterlingi ne'zi lever
- Obuseesa endabirwamu n'eminyolo
- Giya ne handbreki
- Obupeesa bwoku daasi boodi

- Radio ne receiver
- Essimu ne charger
- Omusipi n'ebitereeza entebe
- Ebisumuluzo, Kaadi zamafuta, n'ekalamu
- N'ebifo ebilara ebikwatibwako engalo



Kozesa akawero akanyukirivu okulongosa mu kidduka. Wewale okukozesa amazzi ameelere ku byona ebibeera ku daasi boodi

## JUKIRA OKUVUGA N'OBUVUNAANYIZIBWA

- Vuga mu ngeri ey'ekikugu era ey'obuvunanyizibwa, Tovuga ndiima ku nguudo ensirifu
- Ekidduka ekikuli mu maaso kilekereyo ebbanga
- Wa ebbanga erimala abalala abakozesa oluguudo
- Funamu obudde owummulengamu, Tovuga ng'okoye oba nga olimwennyamivu
- Beera bulindaala eri abatambuze abo' bugaali na bona abakozesa ekkubo

## WEGEMESE COVID-19

- Eddagala eligema Covid-19 silyabulabe era likola okukutaasa okulwala ennyo oba okufa
- Kikulu nnyo okwegemesa bwoba otuusizza n'ebwoba nga wali olwaddeko Covid-19
- Bwomala Okwegemesa, kikulu nnyo okusigala ngossa munkola ngo'ogobelera bino omuli, okwewala omugotteko, okunaaba engalo, n'okwambala masiki



Okumanya ebisangawo, kubira ekitongore kye'byobulamu kunamba ezitari zakusasurira ku: **919, 0800-100-066, 0800-203-033** and **0800-303-033** oba sindika obubaka eri Ureport ku **8500** oba WhatsApp ku **0770-818-139**