



transaid

Hadrian's Cycleway

15-18 September 2022



Join Transaid as we embark on an unforgettable coast-to-coast adventure across northern England, following the corridor of the Hadrian's Wall World Heritage Site - Hadrian's Cycleway. Join us and other like-minded individuals from across the transport and logistics industry in fundraising to raise money to support Transaid's work in sub-Saharan Africa, providing safe and sustainable transport solutions where they are needed most.

In September 2022 we will be cycling 157 miles (climbing 1,200m) across two days, from Whitehaven to Tynemouth. Participants will have the opportunity to experience magnificent coastal views, breathtaking countryside, Roman forts and museums, quaint villages, attractive market towns and, of course, the famous wall itself, all from our saddles!

The route comprises a mixture of on-road and traffic-free sections, running primarily on country lanes and quiet roads, interspersed with sections of traffic-free path, promenade and riverside path, with relatively flat coastal sections, making this a **challenge that is accessible to everyone!**

15-18 SEPTEMBER 2022

DURATION: 3 DAYS

CYCLING: 2 DAYS

DISTANCE: 157 MILES

REG FEE: £99

FUNDRAISING PLEDGE: £1,400

[REGISTER HERE](#)

Contact us: anna@transaid.org / +44 7310 909 580

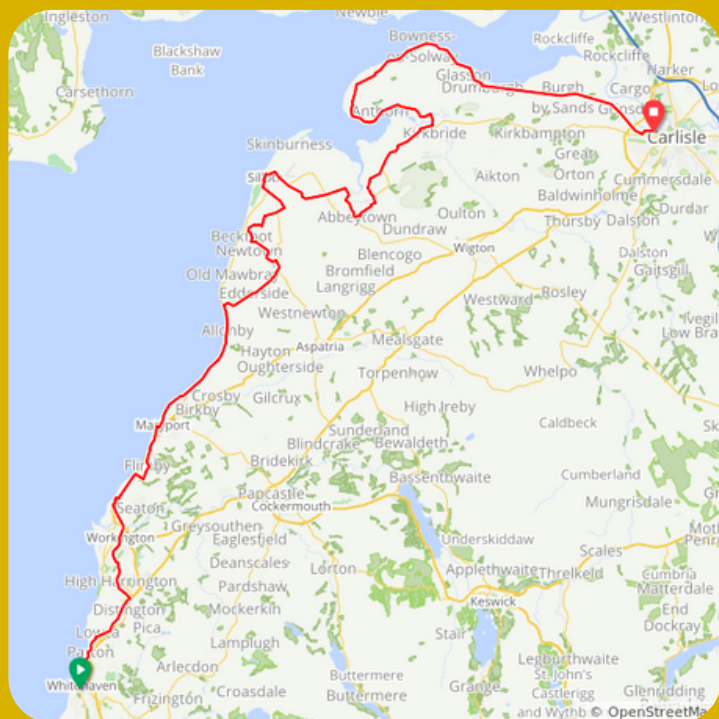
UK Registered Charity No: 1072105 | Patron: HRH The Princess Royal

DAY 1: FRIDAY, 16 SEPTEMBER | WHITEHAVEN TO CARLISLE | 65 MILES, 300M

We will set off from our hotel in Whitehaven working our way along the coastline on quiet roads, passing through the towns of Workington and Maryport on the way towards Silloth.

After some refreshments we will move away from the coast for a while, and the route will take us down quiet roads through the north Cumbrian countryside before joining the Solway coast at Anthorn with spectacular views across Scotland.

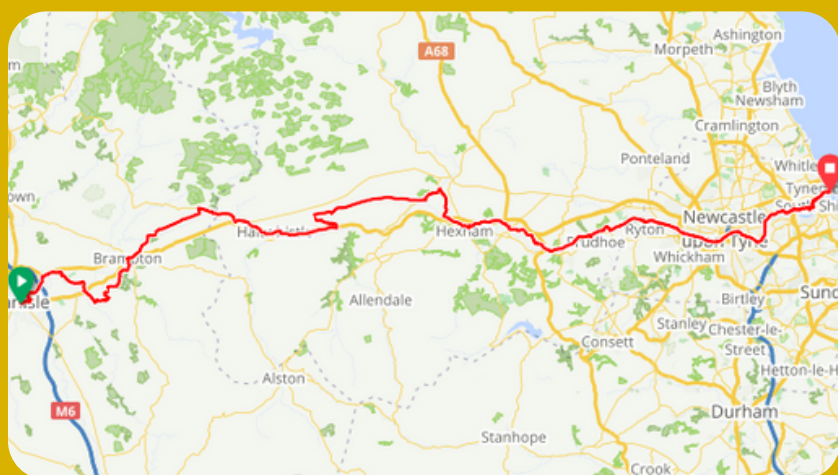
Finally, we'll have our last push for the day, following the route of Hadrian's Wall into the centre of Carlisle, completing day 1 with a well-earned meal and an overnight stop in Carlisle.



DAY 2: SATURDAY, 17 SEPTEMBER | CARLISLE TO TYNEMOUTH | 85 MILES, 900M

We will make our way towards Haltwhistle and Hexham where we'll see the end of the flatter terrain and have some hills to tackle! It will be a tough but fantastic day in the saddle that showcases some of the best scenery in this area - you will be spoilt for choice with interesting geographical and historical treasures!

We'll make our way across the North Pennines to get a closer look at the ruins of Hadrian's Wall and pass one of the best preserved Roman Forts at Birdoswald. From here it's mostly downhill from Hexham, through the picturesque Roman town of Corbridge, along the Tyne Valley and into Newcastle.



Pushing on through the final ten miles, victory will be signaled by the smell of the sea by the quay in Tynemouth, where we finish our challenge. Our final evening together as a group will be spent enjoying a much-deserved celebratory meal, reflecting on the unforgettable experience and achievements!

What is included:

- 3 nights' B&B hotel accommodation (twin room)
- Dinner on each evening of the challenge (3 days)
- Lunch and refreshment stops each day on route (2 days)
- Vehicle and ride support
- Luggage transfer during trip
- GPX files for route guidance
- Coach transfer back to the start hotel*
- Bike transfer*

What is not included:

- Drinks with lunch and dinner
- Travel insurance
- Travel to and from the challenge

Hotel information:

- 15th September | The Chase & The Waverley in Whitehaven
- 16th September | Crown & Mitre in Carlisle
- 17th September | Village Hotel Tynemouth

*We suggest leaving your car at the Village Hotel in Tynemouth on September 15th, as we will be arranging for a coach to take the group - and the bikes - to the starting line in Whitehaven.

FUNDRAISING

REGISTRATION FEE: £99 (non-refundable)

MINIMUM FUNDRAISING TARGET: £1,400 (excluding Gift Aid and registration fee)

£700 (50%) DUE SIX WEEKS BEFORE DEPARTURE (04.08.2022)

BALANCE OF £700 DUE WITHIN A WEEK OF COMPLETION OF THE CHALLENGE (25.09.2022)

Of the total fundraising target of £1,400 a total of £525 will cover your core costs on the challenge. Some participants may choose to cover some or all of the core costs personally, meaning that more funds will come directly to Transaid. Please contact Anna should you wish to do this.

Most participants find it much easier to meet their target than they expect, however we will be providing fundraising support throughout and are always available for a chat if you need any ideas, tips or reassurance!

Your employer may be willing to sponsor your registration fee or the core cost. If not, be sure to enquire about match funding as it will be very helpful in smashing your target.

