

# COVID-19

## Kumyewulula! Mulizange!

Mafuchi amavulu anakwachiwa na katutu wamuhya wa Kolona

► **Vinjikizo vyavyo chikumanyi vili ngana:**



*Chishikashika*



*Kakoho kakahya  
kakuhona kukuma*



*Wukalu mukuhwima*

Katutu kana vechi kulitambasanangayo chikuma kuhichila muli vathu vana kukohola chipwe vali nakuchehula.

Tuvosena tuli nachazano chakuhonesa kutanjisa katutu kana wa Kolona.

► **Tuvosena tunahase kulinga evi kuhichila mukulikinga kumusongo kana. Lingamo holili!**

- Kusana kumavoko lwola lwosena na njapawu na meya. Watela kusana mulwola lwakuheta mumakumi avali (20) a ma sekondisi
- Kanda kulikwatakwata mu meso, mumazulu chipwe mukanwako
- Seza lihanya chipwe tando yakuheta muma mita avali navatu vajizuvo jeka
- Lifwikenu kukanwa hakukohola chipwe kuchehula
- Kanda kulimeneka mumavoko ko – Wanenu jila yeka yakulimenekelamo
- Lamenu vihela vyose, jishinga, mikota yakusokolwesa mapito na kuwahisa vyose vyakuzachisa hakumbi hakumbi na njapawu na meya
- Kanda kulipangila vyakulya, vinwanwanwa na vyuma vyakulikwachila ko

Nge natukavangiza eji jishimbi natulikinga yetu vavene, tanga jetu na muchitungilo nawa