

# Way of the Roses 23-26 September 2021



Join Transaid as we embark on an unforgettable bucket list cycle challenge– The Way of the Roses. Join us and other like-minded individuals from across the transport sector in fundraising to raise money in support of Transaid's work in sub-Saharan Africa improving road safety and access to healthcare.

In September 2021 we will be cycling 172 miles (climbing 2,650m) across two days, through the beautiful Lancashire countryside and Yorkshire Dales. This highly popular challenge passes through the historic cities of York and Lancaster, and lesser known gems such as Settle, Pateley Bridge and Ripon.

#### What is included:

- 3 nights B&B hotel accommodation (twin room)
- Lunch and coffee stop each day on route (2 days)
- Dinner on each evening of the challenge (3 nights)
- Welcome briefing and daily route briefings
- GPX route files for participants to use
- Support & guidance of a ride leader
- Support vehicle
- Luggage transfer during trip
- Bike transfer and drop off service
- Coach transfer back to the start hotel

#### What is not included:

- Drinks with lunch and dinner
- Travel insurance

#### **23-26 SEPTEMBER 2021**

DURATION: 3 DAYS CYCLING: 2 DAYS DISTANCE: 172m REG FEE: £99 FUNDRAISING PLEDGE: £1,000

**REGISTER ONLINE HERE** 

#### Contact us: nicola@transaid.org or on 07909 009568

UK Registered Charity No: 1072105 Patron: HRH Princess Royal



# Itinerary

## DAY 1: MORECAMBE TO HARROGATE | 77 MILES, 1,850M | 24 SEPT 2021

After a team photo, we will set off from our hotel in Morecambe along a dedicated cycle track for the first 7 miles or so, through Lancaster and over the river Lune. Soon after leaving Lancaster we will be out into the Lancashire countryside and some rolling terrain to warm the legs up ahead of the bigger challenges later in the day!

The team will be on hand at 27 miles, in Clapham, with refreshments ahead of the days first, and arguably toughest, climb of the whole trip as you go through the bustling Yorkshire market town of Settle.

From here the day remains tough as we enter the challenging terrain of the Yorkshire Dales! At 47 miles we reach the village of Cracoe and where we will pause for lunch before tackling the climb up to Greenhow Hill and down into the town of Pateley Bridge, where at 67 miles we will have our final refreshment stop, ahead of the final push into the beautiful spa town of Harrogate. The day will end with a well-earned overnight stop in picturesque Harrogate.



### DAY 2: HARROGATE TO BRIDINGLTON | 95 MILES, 800M | 25 SEPT 2021

We leave Harrogate and the Yorkshire Dales behind, and after a few smaller challenging climbs, head on for much flatter terrain as we travel further East.

The team will be on hand at 19 miles, in Newton on Ouse, to serve refreshments before heading towards the medieval city of York where we will pass by the old city walls and York Cathedral. We will then be on a main road for a short time before entering the Yorkshire Wolds.

After the market town of Pocklington, at 46 miles, we will stop for lunch. There is then just one more section of climbing before we start steadily descending into Bridlington! Our final pit stop will be at 70 miles in Hutton Cranswick -by now you can almost smell the fish and chips in the air as the East coast beckons... with the final 23 miles following farmers trails, crossing several rail tracks before finally hitting our triumphant end in the seaside town of Bridlington. On the final overnight stay there will be a celebration dinner for all participants!

