COVID-19

If you have symptoms

► The most common signs and symptoms are:

- Fever
- A new, continuous cough
- Difficulty breathing

► You may also experience:

- Excessive tiredness
- Headache

Most cases are mild. Some are severe and can be fatal.

Older people and those with other health problems are most vulnerable.

The whole community must take action to protect these groups.

► We must follow the rules on prevention:

Act now!

► If you have the signs of COVID-19 (fever and continuous cough or difficulty breathing) stay at home for 14 days.
► Stay away from other people in your household.
► Stay away from people outside your house.
► Wear a mask or protection over your nose and mouth.
► If you live with other people who are infected, stay at home for 14 days.
► If you have difficulty breathing, seek medical attention immediately.
► Call an ETS rider to assist.