Many countries are affected by a new virus.

► Most common symptoms are:

- **Fever**
- **A new, continuous cough**
- **Difficulty breathing**

Virus spreads mainly when infected people cough or sneeze.

We all have a role to play in stopping the spread of the virus.

► We can all do the following to prevent infection:

**Act now!**

► **Wash hands frequently** with soap and water. Wash for at least 20 seconds.

► **Do not touch** your eyes, nose or mouth with your hands.

► **Keep a 2-metre distance** from people outside your household.

► **Cover** your coughs and sneezes.

► **Do not shake hands** – find another way to greet.

► **Keep surfaces, phones, door handles and other everyday items clean with soap and water.**

► **Do not share** food, drinks and personal items.

If we follow these rules we protect ourselves, our families and the whole community.