Guidance for ETS volunteer riders during the COVID-19 pandemic

► Keep a 2 metre distance from people, including patients.
► Do not shake hands with anyone at any time – find another way to greet.
► Do not touch any patients or members of the family/community including for moving patients into or out of the BA.
► Instruct household members or community members on how to lift/move the patient. At the facility inform the staff they are to move the patient.
► Use the canopy at all times for every transfer.
► Do not allow anyone to touch the bicycle during a transfer.
► When at the health facility, thoroughly wash the whole BA trailer, including the canopy, with disinfectant after every transfer.
► If disinfectant is not available, wash the trailer with soap and water after every transfer.
► Wash hands after washing the BA.

General Guidance

► Wash hands frequently and thoroughly with soap and water for 20 seconds (sing happy birthday to yourself, twice).
► Do not touch your eyes, nose, mouth or face with your hands.
► Wear a face mask.
► Cover your coughs and sneezes.