

Transaid Running Challenges 2020

5k races

Event	Location	Race Date	Estimated Reg	Price	Minimum Fundraising Target
Edinburgh 5k	Edinburgh	May 23 rd	May 13 th	£35	£100
Wales 5k	South Wales	July 5 th	June 1 st	£20	£100
Bournemouth Fun Run	Bournemouth	October 3 rd	September 23 rd	£38.50	£100
Big Fun Run	Various	All year round	N/A	£17	£100

10k races

Longleat 10k	Wiltshire	February 2 nd	January 22 nd	£25	£150
BM 10k	Brighton	April 19 th	March 16 th	£40	£150
Hull 10k	Hull	April 19 th	March 29 th	£28	£150
GEAR 10k	East Anglia	May 3 rd	April 13 th	£27	£150
Edinburgh 10k	Edinburgh	May 23 rd	May 13 th	£57.50	£150
Nottingham 10k	Nottingham	May 31 st	May 11 th	£27	£150
Lincoln 10k	Lincoln	June 14 th	May 24 th	£28	£150
British 10k	London	July 5 th	TBC	TBC	£150
Leeds 10k	Leeds	July 5 th	June 15 th	£30	£150
Wales 10k	South Wales	July 5 th	June 1 st	£25	£150
Burnley 10k	Burnley	TBC	TBC	TBC	£150
York 10k	York	August 2 nd	June 13 th	£30	£150

Glasgow Men's 10k	Glasgow	August 30 th	August 19 th	£33	£150
Scottish 10k	Lothian	September 20 th	September 9 th	£39.50	£150
Sheffield 10k	Sheffield	September 27 th	September 7 th	£28	£150
Bury 10k	Bury	TBC	TBC	TBC	£150
Middlesbrough 10k	Middlesbrough	TBC	TBC	TBC	£150
Bournemouth 10k	Bournemouth	October 3 rd	September 23 rd	£60	£150

Half Marathons

Farnborough Half Marathon	Farnborough	January 26 th	January 9 th	£38.50	£300
Thorpe and Egham Half Marathon	Surrey	February 2 nd	January 22 nd	£35	£250
Queen Elizabeth Olympic Park Half Marathon	London	February 16 th	February 5 th	£34	£300
Leicestershire Half Marathon	Leicester	February 23 rd	February 12 th	£30	£250
Hampton Court Palace Half Marathon	Surrey	March 15 th	March 4 th	£65	£300
Sheffield Half	Sheffield	March 29 th	March 9 th	£37	£250
Hull Half Marathon	Hull	April 19 th	March 29 th	£25	£250
Milton Keynes Half Marathon	Milton Keynes	May 3 rd	March 19 th	£50	£250
Leeds Half Marathon	Leeds	May 10 th	April 20 th	£37	£250
Chester Half Marathon	Chester	May 17 th	April 27 th	£44.50	£250
Edinburgh Half Marathon	Edinburgh	May 24 th	May 13 th	£107	£300
Wales Half Marathon	South Wales	July 5 th	June 1 st	£40	£250
Scottish Half Marathon	Lothian	September 20 th	September 9 th	£53	£250

Cheshire Half Marathon	Cheshire	TBC	TBC	TBC	£250
Bournemouth Half Marathon	Bournemouth	October 4 th	September 23 rd	£109	£300
Royal Parks Half Marathon	London	October 11 th	TBC	£50	£350
Manchester Half Marathon	Manchester	October 11 th	TBC	£35	£250
Yorkshire 10 mile	York	October 18 th	September 28 th	TBC	£250

Marathons

Manchester Marathon	Manchester	April 5 th	TBC	£60	£400
Brighton Marathon	Brighton	April 19 th	March 2 nd	£138	£400
Milton Keynes Marathon	Milton Keynes	May 3 rd	March 19 th	£38	£300
Edinburgh Marathon	Edinburgh	May 24 th	May 13 th	£220	£400
Wales Marathon	South Wales	July 5 th	June 1 st	£55	£300
Chester Marathon	Chester	October 4 th	July 29 th	£55	£300
Yorkshire Marathon	York	October 18 th	September 28 th	£55	£300

European races

Event	Location	Race Date	Estimated Reg	Price	Minimum Fundraising Target
Barcelona Half Marathon	Barcelona, Spain	February 16 th	January 10 th	£30	£350
Paris Half Marathon	Paris, France	March 1 st	January 18 th	£80	£400
Barcelona Marathon	Barcelona, Spain	March 15 th	February 14 th	£60	£500
Paris Marathon	Paris, France	April 5 th	January 11 th	£195	£600
Amsterdam Marathon	Amsterdam, Netherlands	October 18 th	July 29 th	£80	£500
Amsterdam Half Marathon	Amsterdam, Netherlands	October 18 th	July 29 th	£35	£350

Amsterdam 8k	Amsterdam, Netherlands	October 18 th	July 29 th	£20	£200
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Duathlons/Triathlons

Event	Location	Race Date	Estimated Reg	Price	Minimum Fundraising Target
Mumbles Duathlon	Wales	March 21 st	February 27 th	£50	£200
Swansea Triathlon	Swansea	May 31 st	April 24 th	£65	£200
Fishguard Triathlon – Sprint	South Wales	June 13 th	May 21 st	£50	£200
Wales Triathlon – Middle	South Wales	June 13 th	May 21 st	£135	£300
Long Course Weekend	South Wales	July 3 rd – 5 th	June 2 nd	£259	£300
Wales Swim	South Wales	July 3 rd	June 2 nd	£55	£200
Wales Sportive	South Wales	July 4 th	June 2 nd	£55	£200
Gower Triathlon	South Wales	July 25 th	June 24 th	£50	£300
London Triathlon	London	August 8 th – 9 th	TBC	TBC	£300
Saundersfoot Tri – Sprint	South Wales	September 5 th	August 13 th	£50	£200
London Duathlon	London	September 6 th	TBC	TBC	£300
London Duathlon – Half	London	September 6 th	TBC	TBC	£200
London Duathlon – Relay	London	September 6 th	TBC	TBC	£300
London Duathlon – Ultra	London	September 6 th	TBC	TBC	£400
Mumbles Triathlon – Middle	South Wales	October 3 rd	September 4 th	£105	£300
Mumbles Triathlon – Sprint	South Wales	October 3 rd	September 4 th	£50	£200

Obstacle races

Event	Location	Race Date	Estimated Reg	Price	Minimum Fundraising Target
Spartan Beast	Kent	April 18 th	November 22 nd	£75	£300
Spartan Sprint	Kent	April 19 th	April 8 th	£50	£150
Rough Runner – London	London	April 18 th – 19 th	TBC	TBC	£200
Rough Runner – Oxfordshire	Oxford	May 23 rd – 24 th	TBC	TBC	£200
Spartan Super	Ireland	May 24 th	May 13 th	£50	£250
Spartan Sprint	Ireland	May 24 th	May 13 th	£50	£150
Run4Colour	East Anglia	May 31 st	May 25 th	£20	£100
Superhero in the City	London	June 11 th	June 9 th	£29	£100
Rough Runner – Salford Quays	Manchester	June 20 th -21 st	June 10 th	£50	£200
Spartan Super	Wales	June 20 th	June 10 th	£50	£250
Spartan Sprint	Wales	June 21 st	June 10 th	£50	£150
Spartan Super	Marston Lodge	July 11 th	July 1 st	£50	£250
Spartan Sprint	Marston Lodge	July 12 th	July 1 st	£50	£150
Spartan Beast	Scotland	September 19 th	September 9 th	£75	£250
Spartan Sprint	Scotland	September 20 th	September 9 th	£50	£150
Rough Runner – London	Finsbury Park	TBC	TBC	TBC	£200
Spartan Beast	Windsor	October 10 th	September 30 th	£75	£300
Spartan Super	Windsor	October 11 th	September 30 th	£50	£250
Spartan Super	Windsor	October 11 th	September 30 th	£50	£150
Spartan Trifecta	Various	Any	N/A	£169	£650
UK Bungee	Various	All year round	N/A	£60	£400

UK Parachuting	Various	All year round	N/A	£200+	£400
Dog Jog	Various	All year round	N/A	TBC	£100
Rough Runner	Various	All year round	N/A	From £38	£200